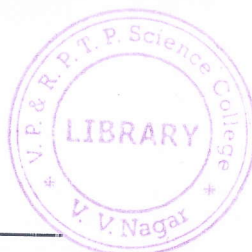


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A Charutar Vidya Mandal's Institution
V.P. & R.P.T.P. SCIENCE COLLEGE (AUTONOMOUS)
(Grant-in-Aid)



Affiliated to Sardar Patel University
VALLABH VIDYANAGAR-388120

Master of Science (Semester 3) External Examination - 2025
COURSE CODE: PS03MIZOO01

NUTRITION

Date: 08/10/2025

Time: 02:00 PM TO 03:30 PM

Total marks: 25

Q-1 MULTIPLE CHOICE QUESTIONS: [ANSWER APPROPRIATE OPTIONS] [05]

1. WHICH AMONG THE FOLLOWING FOOD CATEGORY ARE AT THE TOP OF FOOD PYRAMID?
[A] CEREALS [B] FRUITS [C] VEGETABLES [D] OILS
2. _____ IS THE SLOW COOKING OF FOOD CUT INTO PIECES AND COOKED IN THE MINIMUM AMOUNT OF COOKING LIQUID.
[A] STEWING [B] BOILING [C] POACHING [D] ROASTING
3. WHOLE MILK CONTAINS _____ % OF FAT CONTENT
[A] 3.5 TO 4% [B] 7 TO 8 % [C] 1 – 2% [D] 10-12%
4. _____ IS A COFFEE BASED BEVERAGE PREPARED WITH ESPRESSO, HOT-MILK AND STEAM MILK FOAM?
[A] ESPRESSO [B] CAFÉ LATTE [C] CAFÉ MOCHA [D] CAPPUCINO
5. WHICH AMONG THE FOLLOWING IS A SATURATED FATTY ACID.
[A] PALMATIC ACID [B] LINOLENIC ACID [C] LINOLEIC ACID [D] OLEIC ACID

Q-2 DISCUSS IN DETAIL ABOUT FOOD PYRAMID WITH ITS DIFFERENT COMPONENT? [10]

OR

Q-2 EXPLAIN DIFFERENT STAGES AND METHODS OF SUGAR COOKERY [10]

Q-3 WHAT ARE FATS? EXPLAIN IN DETAIL ITS TYPE AND FUNCTIONS [10]

OR

Q-3 WHAT ARE SPICES? DISCUSS IN DETAIL ABOUT ATLEAST FIVE TYPES OF SPICES [10]